

# Life story advice line

Support for adoptive parents



**Adopt London North (ALN) is offering an hour each month dedicated to talking to adoptive parents about Life Story Work.**

**These one to one 20 minutes slots are bookable in advance with a social worker experienced in this area.**

**They will help you bring your child's adoption story into everyday life and explore any life story related challenges you may be experiencing.**

**The 20 minute slots are available on the following days between 10-11am:  
8 January, 5 February, 4 March, 8 April and 3 June 2024**

The dedicated social worker will listen to your current situation, and look at ways to encourage conversations between you and your child that are relaxed and natural and that move towards the sharing of difficult stories and questions in an age appropriate way.

To book your 20 minute call, please email [natalie.salaman@islington.gov.uk](mailto:natalie.salaman@islington.gov.uk) - include your name and contact telephone number. Natalie will reply to confirm your day/time slot and will call you on the day.