

# Post Adoption Support Advice Line

Adopt London East Post Adoption Support Team provides a service to the London Boroughs of Havering, Barking and Dagenham, Tower Hamlets, and Newham. Advice and Support are provided to adoptive families, adopted adults, birth relatives, friends and relatives, schools, professionals, and organisations.

The Advice Line is available every Tuesday morning from 09:30 to 13:00. You will be able to talk to a specialist adoption support social worker about any aspect of post-adoption support. **Phone: 01708 434844.** You can also email [AdoptLondonEast@haverling.gov.uk](mailto:AdoptLondonEast@haverling.gov.uk) to request a callback.

## We can provide information and advice about:

- Adoption specific issues
- National and local resources
- Adopt London East's core support offer to adoptive families, adopted adults, and birth relatives
- How to request an assessment of adoption support needs
- Therapeutic support
- Liaising with other professionals including education, health, social services, etc.
- Contact arrangements including letterbox and direct contact
- Support groups and events for adoptive families
- Support with accessing records, and birth records counselling
- Access to counselling support for birth family members and help with signposting to other services
- Birth families support group
- Training



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